



## Lakeside Academy Packing List

**Storage Space is Limited** – Clients do laundry 3 times per week

Please bring 1 large suitcase and 2 small bags of clothing to start with

### Leisure Clothing/Active Wear

- Jeans (quantity 2-3)
- Swimming trunks (quantity 1)
- Gym shorts (quantity 1-2)
- Short sleeve shirts (no inappropriate logos or messages – quantity 5-7)
- Long sleeved shirts (no inappropriate logos or messages – quantity 5-7)

### Footwear

- Athletic/Gym Shoes – no black sole (quantity 1)
- Casual shoes (Maximum 2)
- Work Boots (quantity 1)
- Slippers (quantity 1 – optional)
- Shower shoes (flip flops – quantity 1)
- Dress shoes (optional)

### Sleepwear/Underwear

- Pajamas (quantity 1)
- Socks (quantity 7)
- Underwear (quantity 7)
- White undershirts (quantity 5-7)

### Outerwear

- Baseball caps (Maximum 2)
- Light Jacket (quantity 1)
- Rain Jacket (optional)

### Winter Wear

- Heavy winter jacket (quantity 1)
- Stocking hat (quantity 1)
- Winter gloves (quantity 1)
- Wool socks (quantity 2-3)
- Long underwear (quantity 1)
- Winter boots (quantity 1)

### School Supplies

- Pencils and/or pens (blue or black)
- Loose leaf paper or spiral notebook
- Highlighter

### Hygiene Products

- Toothbrush with toothpaste
- Deodorant (no aerosol)
- Body wash or bar soap
- Shampoo and conditioner
- Comb or brush
- Hair product (no aerosol or alcohol in first 5 ingredients)
- Electric razor (no razor blades)
- Eye glasses/contact lenses with solution
- Body towels (quantity 2-3)
- Washcloths (quantity 3-5)

### Organization

- Hygiene product tote/shower caddy
- Plastic hangers
- Laundry bag
- Tide Pods

### Other Items

- **Battery Operated** Alarm Clock
- Study bible / Devotional (optional)
- Musical instrument (optional \*risk to being lost, damaged or stolen)
- Beach towel
- Umbrella
- Clear water bottle (**recommended**)
- Stamps/envelopes/stationary
- Over the counter medication or vitamins, **new in the package, sealed and unopened**
- Blanket